

BROOKLYN POETS HAMPTONS RETREAT
JUNE 29–JULY 2, 2018

Menu

Beverages

Breakfast

coffee
tea
assorted juices

Lunch & dinner

red wine
white wine
beer
whiskey, tequila, gin and other spirits
(with ingredients for cocktails)
assorted juices
assorted sodas

Meals

Friday, June 29

8–9 PM: dinner

homemade hummus & pita
fattoush salad with zatar
stuffed grape leaves
grilled eggplant
garlic labnah
curry kebab (chicken & beef)
raspberry sorbet with homemade fudge sauce

Saturday, June 30

8–9 AM: breakfast

eggs any style
toast with butter and jam
fresh fruits
cereals
greek yogurt with granola
*vegan butter/milk options available

2–3 PM: lunch

apple & fennel salad
grown-up grilled cheese
classic tomato soup

7–8 PM: dinner

fresh salsa & corn chips
homemade guacamole
baja fish & mango-jicama slaw tacos
roasted sweet potato & black bean tacos
watermelon
vegan chocolate cake

Sunday, July 1

8–9 AM: breakfast

eggs any style
toast with butter and jam
fresh fruits
cereals
greek yogurt with granola
*vegan butter/milk options available

2–3 PM: lunch

simple green salad
smoked salmon toast with dill
Mediterranean open-faced sandwich

7–8 PM: dinner

summer salad with citrus
classic grill out (meat & veggie burgers) with all the toppings:
lettuce, tomato, red onions, pickles, avocado
popsicles & fudge bars

Monday, July 2

9–10 AM: breakfast

eggs any style
toast with butter and jam
fresh fruits
cereals
greek yogurt with granola
*vegan butter/milk options available

1:30–2:30 PM: lunch

fresh herb & chickpea salad
turkey & avocado sandwiches